Difference between conventional and holistic medicine in treating chronic disease in people and animals by Dr. John Fudens HMC DVM PH

As I care for both animals and humans (adults and children) what I am writing pertains to both life forms unless I indicate otherwise. Every life form has what I call chronic degenerative disease from now on called CDD. This is what is being treated with homeopathy. CDD comes about two ways. From the genetic inherited aspect of our lives and how we live and what we do to ourselves after birth. We are a product to various degrees of our parents, grandparents, great grandparents, etc. We can see that in the various races and cultures having a propensity to develop certain disease states. Jewish Ashkenazi and the black race with high blood pressure and prostate cancer to name just a few.

So when a body is born there is no way to extend whatever genetic time line for longevity that body has. If a body is programmed to last 70 years that is the maximum for it. One part of the game of life is to live to that maximum as best as possible. The problem is to try and figure out what the life span is of each body we have and use. Not an easy task as the only true frame of reference is how long our ancestors lived. They have the same problem of living the best they can in a conventionally oriented society.

All we can do is cut down the loss of time each life has by how we live. Thus trying to live the maximum life span the body has. This where the difference in conventional and holistic care comes in to play. Conventional always without exception will accelerate the loss of time that life has. Holistic will slow down the loss dramatically.

What are these losses I am talking about? It is the mental, emotional and physical negativity and trauma we all suffer to various degrees living in societies on this planet. Just get out of bed every day and see what we are all faced with. Again the stresses vary from person to person, day to day, time frame to time frame.

So lets look at the damage we suffer. We are all spiritual beings (not getting into religion, souls, or any aspect of what, how or why a person believes or not). But connected to the body is what is called by various names. Vital force or simple substance in homeopathy, genetic entity, karma, chi or other names by other practices. For brevity I will called the vital force VF from now on. This VF is a positive energy whose sole purpose is to run, care for and protect the body and its functions. This article is not for me to explain how this VF came about. Maybe another time. The VF is actual and not my opinion. How can this be proven. Just look at a body in the coffin or on a morgue table. What is missing? What is missing is life which is us as the spiritual being and also the VF.

Now it is the VF and body being damaged by any number of stresses which produces the CDD. This causes the VF to put symptoms in the body trying to heal and repair itself and the body. Any symptom is not a disease which is what conventional medicine (from

now on called CM) relies on to convince you to use drugs, surgery, etc. More on this later. Symptoms are only windows into the CDD like windows in a house show what is inside the house to certain extents. Homeopaths know this and use the symptoms to try and understand the cause of CDD and how to best treat it.

There are only three methods that can be used to handle CDD and the symptoms.

1.Suppress the symptoms. This is what conventional medicine does 90-95 % of the time. There is an itch then drugs like cortisone or antihistamines are used. The itch goes away either temporarily or permanently but then sooner or later a new symptom like breathing difficulties or worse occur because the damage has been pushed from the skin into a deeper level of the body. Hopefully you can now understand why all life forms get sicker and sicker over time using CM. Plus CM never or very rarely takes the time to understand why we have symptoms or even cares to know. Remember CM is set up to make \$ by having us sick and staying sick. They cannot control, dominate or make a living from us if we do not get sick. So practitioners of CM have a very vested interest in promoting CDD which they do knowingly or not. All life unless they work hard to remove the stresses in life wind up in a dwindling spiral of ill health and disease.

2. Palliation. This is the smallest part of what CM does. There is a headache. So we take aspirin and the headache goes away. Do not know why the headache occurs and do not care. We are not worse or better overall in health just not dealing with the headache when we take a drug. Sooner or later the symptom comes back and we do what is needed to palliate it again and again. This is the area that CM takes credit for calling palliation a cure.

These two handlings are all one gets from CM and is why our health and life deteriorates until the body dies before its time. A key factor here is the genetic strength the body and VF inherits that allows some bodies and VF to recover quickly, resist the damage done in life and basically heal itself if giving a chance.

3. Cure. This is where a holistic and mainly homeopathic approach excels. There is an itch. The cause is identified (in some cases no but does not negate the therapy) and a therapy program is instituted to address the cause and symptom based on the individual patient. So the patient is treated individually as a special individual and not just symptoms to make \$. What happens in most cases, with the proper remedy for that patient, the cause and symptom go away never to return (unless the patient repeats what the original cause was). Plus the patient indicates they feel better overall in aspects of their life and the problems they had which did not bother them are gone. So mentally, emotionally and physically they are improved. Examples: I have had older dogs and cats acting younger. Adult humans change relationships, jobs, life styles or environments they were in and not happy about. In other words the patient was touched and healed in deeper ways than CM cannot even think about. Now holistic therapies including homeopathy are capable of suppressing or palliating. A well trained and experienced homeopath knows about this with a patient and works to avoid that from

happening. Unfortunately with severe illnesses and deep pathology like cancers, neurological damage, organs removed, etc. palliation is the only method to help a patient.

In closing there are only three uses of CM.

1. Emergency life threatening issues like hit by car, bleeding arteries, broken bones, etc. Situations where death is eminent, likely or to repair tissue damage.

2. Diagnostic tests to help determine more accurately what is going on with the body and to help formulate the best treatment protocol to help. This is where CM excels and makes its \$ as anyone who has paid for the tests can attest.

3. The end of life where any means necessary are used to make the patient comfortable until they make their transition. Example being the morphine pump to ease pain.

I hope this article helps people to understand better the differences between these two treatment approaches and to always choose holistic whenever possible.

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